## Last Day for Indoor Walking will be Wednesday, April 24<sup>th</sup> POOL SCHEDULE

April 22<sup>nd</sup> - 28<sup>th</sup>

Monday April 22<sup>nd</sup>

 Lane Swim
 7:00-8:30am

 Aquafit
 9:35-10:25am

 Family Swim
 10:30-11:30am

Baby & Me AquaFit 10:30-11:30am (Pre-Register Online, Main Pool)

Lane Swim 12:00-1:30pm

Aquatherapy 12:00-12:50pm \*Pre-registration required - FULL

Leisure Swim 1:30-2:30pm

Indoor Walking 2:00-3:00pm (on deck, indoor footwear required)

Coaching Hour 2:30-3:30pm – Coaches must pre-book lanes through front desk

Lane Swim/Open Swim 6:30-7:30pm

Tuesday April 23rd

Leisure Swim 8:30-9:30am

Swim Lessons 9:30-12:15pm – Wk 3

Lane Swim 12:15-1:30pm Leisure Swim 1:30-3:00pm

Swim Lessons 4:00-9:00pm – Wk 3

Wednesday April 24th

 Lane Swim
 7:00-8:30am

 Aquafit
 9:35-10:25am

 Family Swim
 10:30-11:30am

 Lane Swim
 12:00-1:30pm

Aquatherapy 12:00-12:50pm \*Pre-registration required - FULL

Leisure Swim 1:30-3:00pm

Indoor Walking 2:00-3:00pm (on deck, indoor footwear required) \*\*LAST DAY

Lane Swim 6:30-7:30pm

Thursday April 25th

Lane Swim 7:35-9:00am

Swim Lessons 9:00-11:15am – Wk 3

Lane Swim 12:00-1:30pm

Aquatherapy 12:00-12:50pm \*Pre-registration required - FULL

Leisure Swim 1:30-2:30pm

Friday April 26th

 Lane Swim
 7:00-8:30am

 Aquafit
 9:35-10:25am

 Family Swim
 10:30-11:30am

 Lane Swim
 12:00-1:30pm

 Leisure Swim
 1:30-2:30pm

 FREE Open Swim
 6:45-8:00pm

Saturday April 27th

 Swim Lessons
 9:00-12:30 – Wk 4

 Lane Swim
 12:30-1:30pm

 Open Swim
 1:45-3:00pm

Lane/Leisure/Aquafit - 16+ years

Baby & Me AquaFit – Guardians + Infants (4mths – 2 yrs)

Open Swim – All Ages

Family Swim - Parents & Children

\*\*See Website for Admission Standards and most current program schedule (last minute changes may happen)

www.collingwood.ca/aquatics-programs

## Sunday April 28th

Swim Lessons 4:00-7:00pm – Wk 4